
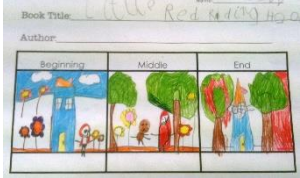





Thornwood Primary School

Home Learning Week Commencing 04/05/20

Nurture Support

Please find below some nurture activities that your child can complete during the week. Your child can choose which activities they wish to complete but don't feel you need to complete all the activities in the grid. Most importantly, keep safe and have fun

<p>Self-Esteem Portraits Draw an outline of your head shape. Fill the head full of all the wonderful things that you are good at. E.g. I am a good friend / listener.</p> 	<p>Story Sharing Read your favourite story to a sibling or parent. Why do you like it? If you could change the ending, what would happen? You could draw it as a comic strip. Amazon have made their audio books for children free (Audible Stories) if you would like to explore more exciting tales.</p> 	<p>Helping Hands Draw an outline of your hand. Think of 5 things that you could do to help a family member. You could set the table or wash the dishes. Write or draw what you have done to help your family in each of the 5 fingers.</p> 	<p>Meditation Breathe in for 5 seconds. Hold your breath for 10 seconds. Breathe out for 5 seconds. Imagine you're somewhere you love.</p> 	<p>Communication Share breakfast with your family. Everyone discusses two of their favourite family memories. It might be a place you visited or an activity you did together. What would you like to do as a family next? You could draw a picture and stick it on your fridge as something to look forward to.</p> 
<p>Make Soup Help an adult cut lots of vegetables into small pieces (carrots, potatoes, leek, onion), add a soup stock, some lentils and water. Let the mix boil for around 20 minutes and then serve with</p>	<p>Junk Modelling Using materials that are at home (cereal boxes, containers, egg cartons), design and make an object of your choice. It could be a robot or a futuristic car. What materials have you</p>	<p>Health and Wellbeing Choose your favourite board game that you enjoy playing. Play a game with your family. Remember to show good sportsmanship and take turns whilst playing.</p>	<p>Soap Sculpture You will need a bar of soap, a pencil, scrapers and peelers (teaspoon, scissors, paperclip or potato peeler). Draw your design on both sides of the soap using your pencil. Ask an adult to use a</p>	<p>Favourite TV Show / Film Can you write or draw about your favourite character? What do you like about them? Do they have special powers? Why not act out a favourite</p>

bread. Enjoy as a healthy meal or snack.



used? What could you improve if you did it again? What do you like about it?



Help tidy the game away once you have finished.



knife to cut the corners off. Carefully scrape away at the edges and twist into the surface to make holes. Use a peeler to make smooth edges and a paperclip to make small details and marks. All done. Looks great!



part or episode to a family member.

Can you sing the title sequence or introduction?

